

# JIMS ENGINEERING MANAGEMENT TECHNICAL CAMPUS SCHOOL OF LAW

(Affiliated to GGSIP University, New Delhi)

48/4, Knowledge Park III, Greater Noida 201310

### **EVENT REPORT**

<b>Session:</b>	2021-2022	Semester:	B.A LLB year &
			BBALLB both
			the program
<b>Event Date:</b>	21/6/2021	Event	International
		Type:	Yoga day
			celebration
<b>Event Name:</b>	International Yoga day		
	celebration		
Number of	150	Total	Boys -78
Participants:		Number	Girls- 72
_		of Boys	
		and Girls:	
Organizing	JEMTEC school of Law		
<b>Department:</b>			

JEMTEC school of law Celebrated International Yoga day Celebration on 21 june 2021. The programme was conducted by KALAKRATI CULTURAL COMMITTEE. The Program started with a brief introduction on the importance of Yoga day what significance it holds followed with an inspirational speech & with the blessings of Prof (Dr.) Naresh kumar Bahl. A Small video showing Twelve Different Asana was The beauty of the programe. On this Yoga day celebration various events Were conducted 1 Quiz Competition 2 Debate on Yoga Vs GYM 3Yoga Aasana (A small video presentation). We Were Having Guest of honour Ms Sheetal Bhatia as guest speaker. She was given a warm welcome by by Head of Department Dr Pallavi Gupta. After then Guest Mrs Sheetal Bhatiya explain us about the importance of Yoga

The yoga Expert also narrated the usefulness of different "Asanas" as a precautionary measure, in curing many diseases and the usefulness of yoga in the overall wellbeing of a human being.

Yoga reflects the union of individual consciousness with that of universal consciousness, a perfect harmony between mind & body, man & nature; a holistic approach to health & well being. Yoga reflects harmony and peace for humanity, which is also the essence of Yoga.

The staff performed yogic exercises and 'pranayam' to celebrate this day. Regular practice of yoga will surely help our staff& students achieve a better life, physically, mentally and spiritually as well.

The session ended with Vote of Thanks by Head of Department Dr Pallavi Gupta . a group photograph was taken with the Head of the Department, Dr. Pallavi Gupta.

It was a great event and the entire staff enjoyed this event to the fullest.

The programme was attended by HOD Madam Dr Pallavi Gupta,. Dr Ajay Tyagi, Dr Amita, Dr M.N Rahman, Dr Richa Srivastava, ,Dr Naresh Bhael, Ms Tanvi

Sharma, Ms. Aashna Sinha, Mr.Mudit Thomar, Ms. AKansha Gupta, Mudit Rohila,Ms,Ms Haider Ali,, Ms Diksha,, Dr Shishma Kushwaha, MsNeeravKhare,Ms Rahul Arora,,,Ms,Manisha Biswas, Dr Vijeta Verma,Ms,Ms Priyadarshani,Ms Kritika,,Ms Arnika,Ms Somuya,Ms Sudhir,Ms Prabha, Ms Tanushree, Ms Prashant, Ms Gaurav Shah,etc and students of school of law.

#### **Names of Student Coordinators:**

Rajat gaba 45225503517

ShivamTiwary 42125503818

Arunim42825503818

Saurabh Guha 05125503819

You Tube link For this Programme<a href="http://www.youtube.com/watch?v=oC\_7mGMJIIY">http://www.youtube.com/watch?v=oC\_7mGMJIIY</a>







#### JIMS ENGINEERING MANAGEMENT TECHNICAL CAMPUS

(Affiliated to Guru Gobind Singh Indraprastha University, Delhi & Approved by AICTE, NCTE, BCI Delhi)

KALAKRITI **JEMTEC School of law** Presents

## YOGA DAY CELEBRATION

21ST JUNE, 2021 (1:30 PM ONWARDS)

EVENTS FOR THE DAY



MS. SHEETAL BHATIA Certified yoga instructor

**GUEST SPEAKER** 

QUIZ COMPETITION

**DEBATE ON** YOGA Vs GYM

**YOGA AASANA** (BASED ON LIKES)

All participants will get e-certificates for participation

Patron

Prof. (Dr.) Pallavi Gupta Principal, JEMTEC School of Law Student Co-ordinator

MR. RAJAT GABA

Ph no: 7419200326

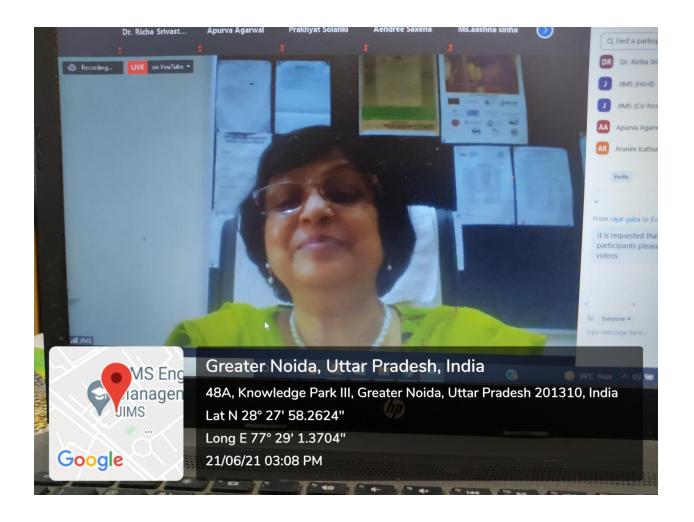
MR. SHIVAM TIWARY Ph no.: 7739506771

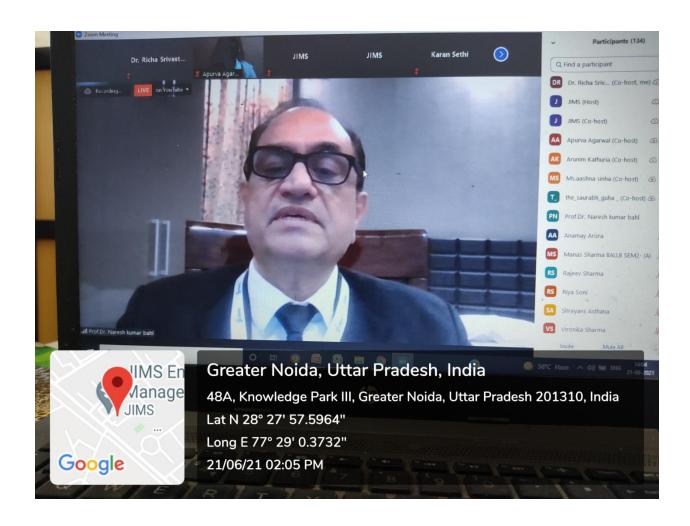
MR. ARUNIM KATHURIA Ph no.: 8901115051

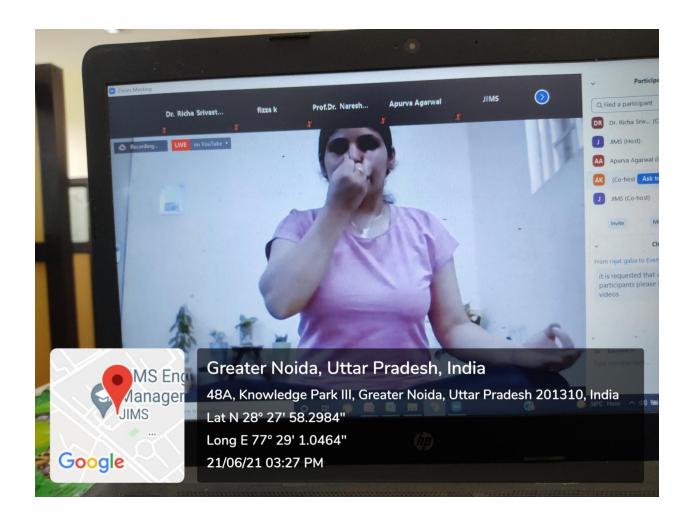
Moderator

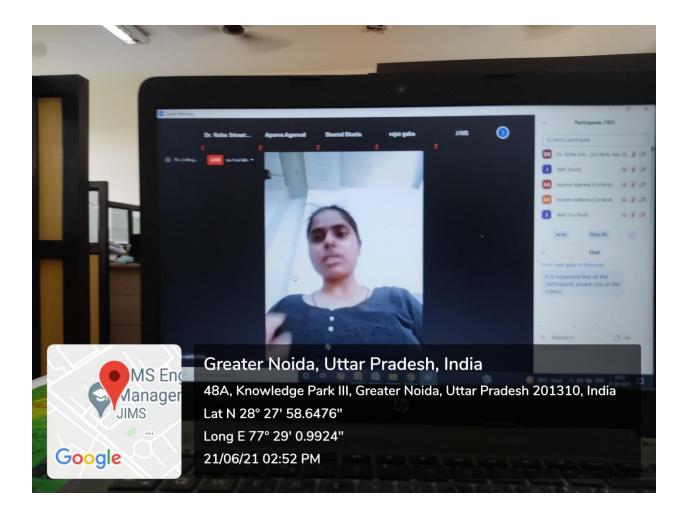
Ms. APURVA AGARWAL Ph no: 9810550958

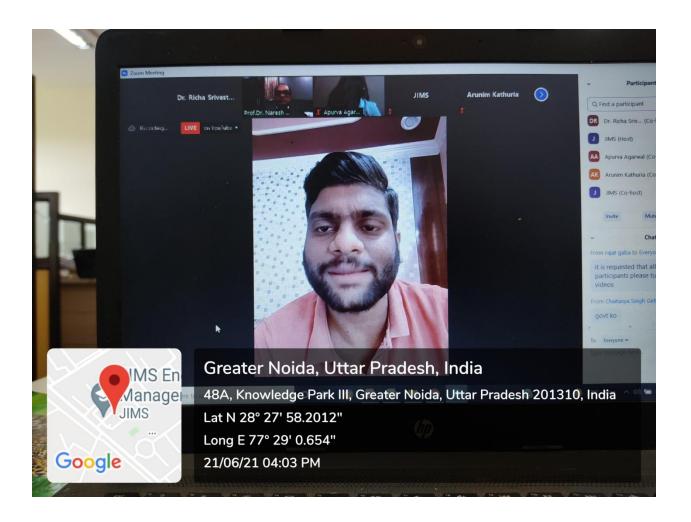
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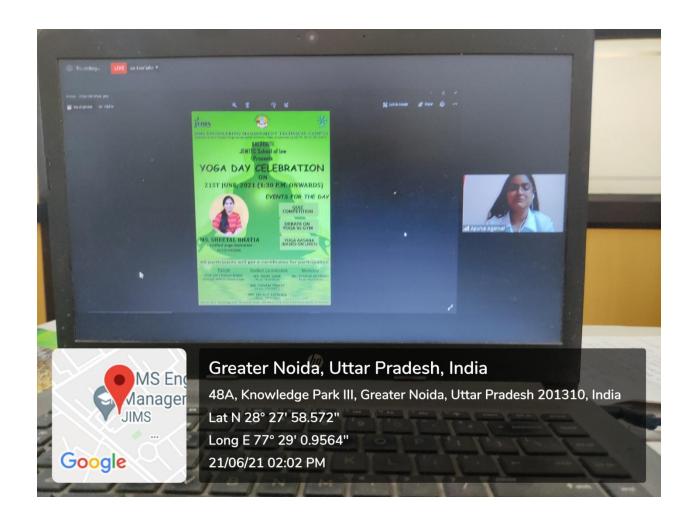


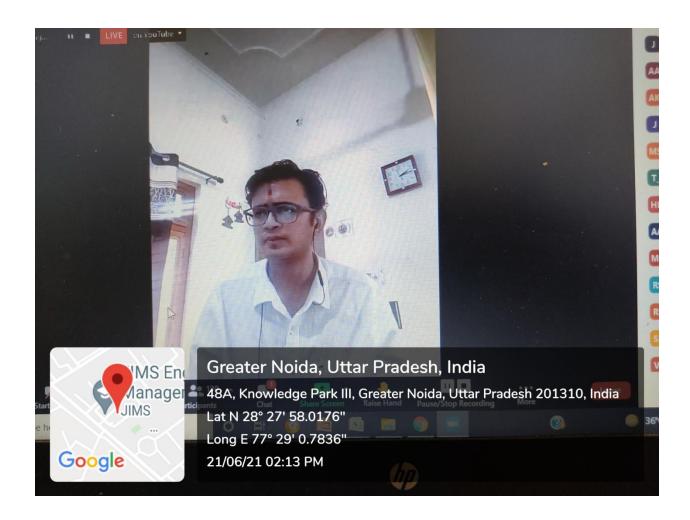


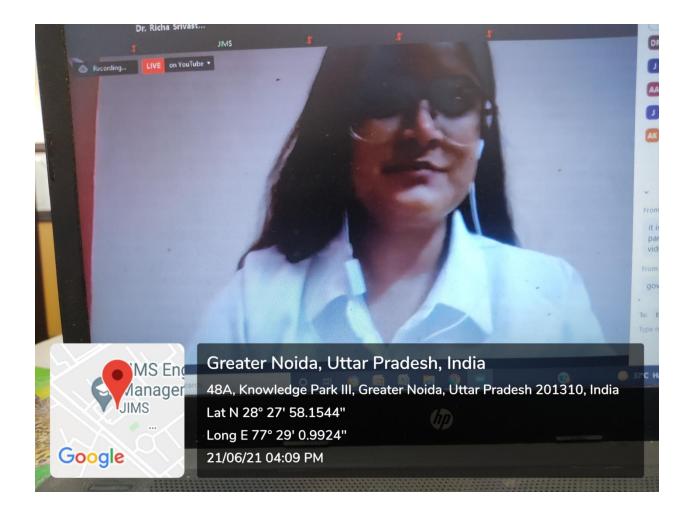












#### **Faculty-Coordinator**

**HOD, School of Law** 

Dr.Richa Srivastava

Prof.(Dr.)Pallavi Gupta

MsAashna Sinha

MsTanushree

Ms Modit Tomar

Ms Gaurav saha

